

Guidance

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HoD

B.Ed.

- **Guidance includes counseling.**
- **Without counseling purpose of guidance can not be obtained.**

Guidance?

- ❖ Definition
- ❖ The ultimate aim of guidance is self guidance.
- ❖ Guidance is all those activities which promote individual self-realization. Bernard & Fullmer

Nature

1. All round development
2. Continuous process
3. Based on philosophy
4. Series of special services
5. Coordinative process
6. Adjustment
7. Self guidance
8. To help to develop desired values.
9. To enhance decision making power
10. To help to reach the highest point in relation to one's ability.

Function

1. To promote self guidance
2. To help all students
3. To help in emotional problems
4. To develop personality

Types

1. Educational
2. Vocational
3. Personal
4. Developmental
5. Health
6. Career
7. Recreational

Scope

1. Educational

2. Personal
3. Vocational
4. Health
5. Recreational
6. Career

❖ **Principles**

1. Individual difference
2. Flexibility
3. For all
4. Continuous process
5. Self guidance

❖ **Aims**

1. To increase confidence
2. To acquaint them about innate powers, abilities.
3. To develop ability of self guidance
4. To help to get optimum development in relation to one's capabilities.
5. To help to adjust to one's environment
6. To provide bridge between school and society.
7. To tell about proper use of leisure time.

❖ **Need of Guidance**

1. From social point of view
2. Political point of view
3. Educational point of view
4. Psychological point of view